

External Invasion Symptom Questionnaire

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Describe Your Symptoms

Onset of Symptoms



Sweated Since the Onset

☐ Yes ☐ No

Did you have a fever?

☐ Yes ☐ No

Do you have a fever now?

☐ Yes ☐ No

Subjectively Feel Chills, Warm, C

☐ Chill ☐ W ☐ Cold

Cough

☐ Yes ☐ No

Phlegm

☐ None

☐ Yellow/Green/Brown

☐ Clear/White

Runny Nose

☐ Yes ☐ No

Mucus

☐ None

☐ Yellow/Green/Brown

☐ Clear/White

Sore throat

☐ Yes ☐ No

Thirsty

☐ Yes ☐ No

Nasal congestion

☐ Yes ☐ No

Headache/Body Ache

☐ Yes ☐ No

Extreme fatigue

☐ Yes ☐ No

On your Period (Women)

☐ Yes ☐ No

First Day of Last or Current Period (Women)

